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## TRAVEL DIVA

BY ELLEN CREAGER • FREE PRESS COLUMNIST • December 14, 2008

*Dear Travel Diva: I'm going to Mexico for the holidays and I'd like to carry health coverage for the trip. I don't have any health coverage through my employer. Can you recommend any insurance providers?*

*I'm interested in coverage for a broken ankle or stitches, not lost luggage. -- Careful Adventurer*

**Dear Careful:** One place to start is [www.insuremytrip.com](http://www.insuremytrip.com) (800-487-4722) to compare different policies and companies.

Be careful if you have a pre-existing condition, because some travel medical policies exclude you from coverage.

Oddly, you also might find that a general travel insurance policy that covers trip delay, lost luggage and medical needs is about the same price as a medical policy alone.

Finally, travelers to remote or developing nations might want to check out a company called Med Jet Assist ([www.medjetassist.com](http://www.medjetassist.com); 800-527-7478). It does only one thing -- it flies you home in a company medical jet if you need to be hospitalized.